

**DEPARTMENT OF THE ARMY**  
**UNITED STATES ARMY STUDENT DETACHMENT**  
**VICTORY SUPPORT BATTALION**  
**FORT JACKSON, SOUTH CAROLINA 29207**

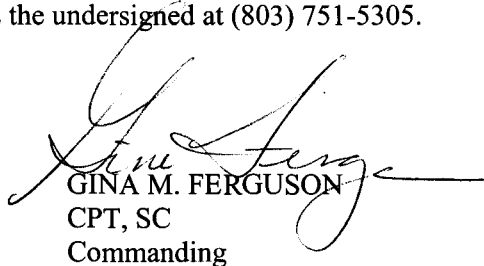
ATZJ-VSB-SD

27 October 2006

MEMORANDUM FOR RECORD

SUBJECT: Policy #13 – **Special Emphasis/P. T. Enhancement Program**

1. All personnel within the USASD that fail to meet the Standards IAW AR 600-9 will be placed in the program until standards are met or deemed necessary by the commander. At a minimum you will remain in the program for a period of 45 days. You will also be subjected to a monthly weigh-in where your progress will be annotated.
2. All personnel within the USASD that fail the Army Physical Fitness Test (APFT), with less than 60% in each event or fail to take an APFT within six months of their last APFT will be placed on the program until standards are met or deemed necessary by the commander. At a minimum you will remain in the program for a period of 45 days. Prior to taking a record APFT you must take a diagnostic APFT to mark your progress. After 90 days in the program you must take a record APFT.
3. The Special Emphasis/P.T. Enhancement Program will be conducted Monday-Friday, 1600-1700 hours. The program will be supervised by an NCO within the detachment and the location will be determined based on the weather. Prior to conducting PT the instructor will notify you of the location and uniform.
4. The program will be an all encompassing program. It will be designed to target your specific weakness at least two of the five days, but it will be a total body workout for the remaining three days. Personnel will be authorized three excused absences per month, for medical and other emergencies. Exemptions and/or excuses must be authorized by the Commander or First Sergeant.
5. Soldiers in the Army Weight Control Program will have their Height/Weight measured prior to pass or leave departure.
6. Point of contact for this memorandum is the undersigned at (803) 751-5305.

  
GINA M. FERGUSON  
CPT, SC  
Commanding